

Technical Information: Real Food Blends™
Item 49746: **Orange Chicken Barley & Carrots**

Description	Real Food Blends™ Chicken Barley & Carrots is a pre-packaged pureed food meal that is bolus fed via feeding tube. Real Food Blends™ are not a complete nutritional feeding but are intended to complement an enteral feeding formula by adding real foods to the diet. Each 8 fluid ounce (267g) portion delivers 14 grams protein, 19 grams fat and 28 grams of carbohydrate in 340 calories.
Ingredients	Orange juice, cooked chicken, carrots, pearl barley, grapeseed oil, water ginger, roasted sunflower seeds
Caloric Distribution	16.8% calories from protein; 32.5% calories from carbohydrate; 50.7% calories from fat
Protein Source	Chicken, sunflower seeds
Carbohydrate Source	Orange juice, carrots, barley
Fat Source	Grapeseed oil, sunflower seeds
Water Content	75%
Fiber / Source	4g per serving / Barley, carrots, sunflower seeds, orange juice
Allergens	No Manufactured in a facility that processes: egg, fish, wheat, milk, shellfish, soy, and tree nuts (almonds)
Gluten Free	No (barley)
Lactose Content	0
Contraindications	Product is made from usual and customary foods. An individual would not be expected to have a reaction unless they were sensitive, or allergic, to an ingredient. Drug/nutrient interactions should be evaluated by the physician and/or pharmacist.
Kosher	No
Halal Certified	No
Use Instruction	Bolus by feeding tube or may be consumed orally. Refrigerate any unused portion and use within 24 hours. For feeding tube; bolus (by syringe) one serving of Real Food Blends™ in addition to, or in place of, a volume of usual formula as directed by your health care professional. Flush tube with water after feeding.
Shelf Life	3 years from date of manufacture, unopened, at room temperature

NUTRITION INFORMATION**

**Nutrition information is calculated based on USDA Nutrient Database Standard Reference and manufacturer specification.

		9.43 oz / 267 g (8 fl oz single portion)	Per 100 grams
Calories		340	127.34
Protein	g	14	5.3
Carbohydrate	g	28	10.5
Fiber	g	4.3	1.62
Sugars	g	12	4.6
Sodium	mg (mEq)	93.25 (4.05)	34.9 (1.52)
Total Fat	g	19	7.28
Saturated Fat	g	2.5	0.94
Monounsaturated Fat	g	3.72	1.39
Polyunsaturated Fat	g	9.52	3.57
Trans Fat	g	0	0
Cholesterol	mg	35	13.11
Potassium	mg (mEq)	502 (12.87)	188 (4.82)
Vitamin A	IU	676	253
Vitamin C	mg	2.9	1.08
Thiamine	mg	0.06	0.023
Riboflavin	mg	0.09	0.03
Niacin	mg	7.17	2.68
Calcium	mg	40.12	15
Iron	mg	1.3	0.49
Vitamin D	IU	6.58	2.46
Vitamin E	IU	0.3	0.11
Vitamin B6	mg	0.27	0.10
Folic Acid	mcg	6.42	2.4
Vitamin B12	mcg	0.14	0.05
Phosphorus	mg (mEq)	33.63(2.17)	12.6 (0.81)
Iodine	mcg		
Magnesium	mg (mEq)	24.74 (2.28)	9.26 (0.76)
Zinc	mg	0.99	0.37
Copper	mg	0.10	0.37
Biotin	mcg		
Pantothenic Acid	mg	0.59	0.22
Vitamin K	mcg	0.68	0.25
Chloride	mg (mEq)		
Manganese	mg	0.21	0.079
Selenium	mcg	16.61	6.22
Chromium	mg	0.08	0.025
Molybdenum	mcg		

ORDERING INFORMATION

Containers per Case	Flavor	Item Number	Each UPC	Case UPC
12 x 9.4 oz. Foil Pouches	Orange Chicken Barley & Carrots	49746	0 82045 49746 5	730669449666
Additional flavors:	Quinoa Kale & Hemp	49748	0 82045 49748 9	730669449673
	Salmon Oats & Squash	49747	0 82045 49747 2	730669449680